LA LUNA
SKIN CLINIC

Meet Our Doctor

Dr Cathy Zhai

MD, University of Melbourne

International Aesthetic Medicine Educator





Surrey Hills, Melbourne

INTERNATIONAL EDUCATION

International Teaching & Exchange

FILLMED · FRANCE

International Trainer & Speaker

Dr Zhai has served as an international trainer and speaker for FILLMED (France), and has participated in a contracted collaboration focused on the artistry of facial fillers.

Aesthetic Medicine & Facial Anatomy

She has taught aesthetic medicine techniques and facial anatomy in international professional education settings.

International teaching · Professional education · Exchange

TEACHING & COURSE MATERIALS

Teaching & Course Development

Aesthetics and Skin Institute

ASI · Aesthetic Medicine and Skin Training Institute

01

Aesthetic Medicine Trainer

Former ASI trainer, delivering professional education in aesthetic medicine.

02

Laser Science Lecturer

Previously taught laser science courses at ASI.

03

Teaching Materials Development

Contributed to ASI educational and training materials in aesthetic medicine.

ADVANCED PROFESSIONAL TRAINING

Advanced Technical Training

01

Advanced Facial Filler Training

ASI certification in advanced facial filler injection training.

02

Advanced Thread-Lift Training

ASI certification in advanced facial thread-lift techniques.

03

Energy-Based Device Training

Training in Merz ultrasound, Thermage radiofrequency and InMode energy-based devices.

04

Laser & Picosecond Device Training

Flemings Laser training; Cynosure / PicoSure picosecond laser device training.

Aesthetic education and advanced technical training

MEDICAL EDUCATION

Medical Education & Qualifications

The University of Melbourne

Doctor of Medicine (MD)

Doctor of Medicine; Bachelor of Biomedicine with a focus on anatomy.

General Practice

Completed general practice training in Victoria. Member of the Royal Australian College of General Practitioners (RACGP) and Fellow of the RACGP (FRACGP).

Women's Health & Dermatology

RANZCOG Diploma in Obstetrics and Gynaecology; Certificate of Dermatology.

HOSPITAL EXPERIENCE

Hospital & Clinical Experience

Hospital residency and specialist clinical placements

Austin Hospital

Resident doctor: Medicine, Surgery and Emergency

Mercy Hospital for Women

Resident doctor: Obstetrics and Gynaecology

Mildura Public Hospital

Resident doctor: Paediatrics

Katherine Public Hospital

Resident doctor: Surgery

Peking Union Medical College Hospital

Clinical placement: Plastic Surgery

THE LA LUNA CLINIC

Inside La Luna



WAITING AREA



TREATMENT ROOM

From reception and waiting to treatment, your needs come first.

Clear Communication Starts Here

We explain options, limitations, risks and aftercare. There is time for questions, and you decide whether to proceed.

CONSULTATION & CONTACT

Book a Consultation at La Luna



WECHAT lalunaskin222

PHONE 0426 122 222

ADDRESS G1 / 348 Canterbury Rd
Surrey Hills VIC 3127

Arrange a Consultation

Doctor consultations are subject to confirmation by the clinic.

Aesthetic procedures carry risks. Suitability and results vary between individuals.